

UF/IFAS Extension
SolutionsForYourLife.com

CLASSES & SEMINARS

UF UNIVERSITY of
FLORIDA
IFAS Extension

**Pre-registration is required for all classes. Unless otherwise noted, all classes will be held at the Citrus County Extension Office classroom:
3650 W Sovereign Path, Lecanto, FL 34461**

Women and Money: Unique Issues

This 5 session program explores the changes women may encounter throughout their lives, the impact of these changes on their economic status, and how to plan for future financial well-being.



Consecutive Mondays Oct 10 - Nov 7

1:00 pm - 3:00 pm

See page 15 for registration information

Food Manager's Training and Exam



Thursday October 13

8:45am - 6:00pm

Go here for registration information:

<http://www.eventbrite.com/e/lecanto-fl-servsafe-managers-class-and-exam-tickets-14448591125>

Medicare: Open Enrollment Options

Join UF/IFAS Extension Citrus County and SHINE to learn about your options for Medicare in 2017.

Monday October 17

10:00 am - 12:00 pm

See page 16 for registration information

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Healthy Relationships: SMART Couples Florida

Before You Tie the Knot

Looking to start your marriage off right? This is an exciting program designed to help couples learn how to have winning communication skills, resolve conflict, and how to meet both your and your partner's needs. Refreshments will be served.

This 5 session program starts on Wednesday, November 2, 2016 from 5:00pm - 7:30pm at the *College of Central Florida, 3800 S Lecanto Hwy, Lecanto, FL 34461* and runs every Wednesday until December 7, 2016. The week of November 21st will be skipped because of the Thanksgiving holiday.

Elevate Your Relationship: Date Your Mate

Would you like to strengthen your relationship? Join us for fun filled FREE date nights that will enhance your relationship, and improve communication skills. Refreshments will be served.

This 5 session program starts on Thursday, November 3, 2016 from 6:00pm - 8:30pm at the *UF/IFAS Extension Citrus County office, 3650 W Sovereign Path, Lecanto, FL 34461* and runs every Thursday until December 8, 2016. The week of November 21st will be skipped because of the Thanksgiving holiday.

SMART Steps for Successful Stepfamilies

Would you like help handling the unique challenges that come with living as a stepfamily? SMART Steps is an empowering program developed specifically to strengthen relationships between remarried or re-partnered couples and their children, including non-custodial parents. Refreshments will be served.

This 5 session program starts on Friday, November 4, 2016 from 6:00pm - 8:30pm at the *UF/IFAS Extension Citrus County office, 3650 W Sovereign Path, Lecanto, FL 34461* and runs every Friday until December 9, 2016. The week of November 21st will be skipped because of the Thanksgiving holiday.

See the flyer on page 14 for more information and registration details.